

Chedabucto Edu/Acad Menu 2018-2019

WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
Sept 3-7 Sept 17- 21 Oct 1 – 5 Oct 15 – 19 Oct 29 – Nov 2 Nov 12 – 16 Nov 26 – 30 Dec 10 – 14	Macaroni and Cheese With Caesar Salad & Roll \$5.50	2 Soft Beef Tacos Mexican Rice and Corn \$5.50	Lasagna Served with Caesar Salad and a Garlic Bread Stick \$5.50	Chicken Fajita Served with Mexican rice \$5.50	Chicken Teriyaki served with Rice and Stir Fried Vegetables \$5.50
	Caesar Salad Wrap Served with Pasta Salad \$4.50	½ Buffalo chicken Flat Bread Served with Home Made Soup of the Day \$4.50	½ Stacked Honey Ham Sandwich on Flat Bread Served with side Garden Salad \$4.50	Grilled Cheese Hoagie Flat Bread Served with Home Made Soup of the Day \$4.50	Chicken Snack Wrap Served with Side Pasta Deluxe Salad \$4.50
	Hamburger with Lettuce and Tomato, Carrots and Dip Milk or 114ml Juice \$5.00	1 Soft Beef Taco with Rice and Corn Milk or 114ml Juice \$5.00	3 Pancakes served with mixed Berries and Maple Syrup Milk or 114ml Juice \$5.00	Chicken Nuggets Potato Wedges Milk or 114ml Juice \$5.00	Small Slice Pizza Caesar Salad Low fat Cookie Milk or 114ml Juice \$5.00
WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
Sept 10 – 14 Sept 24 – 28 Oct 8 – 12 Oct 22 - 26 Nov 5 – 9 Nov 19-23 Dec 3 – 7 Dec 17 – 21	Chicken Tatter Bowl. (Mashed potato, Chicken and Corn with Gravy in a Bowl) \$5.50	Spaghetti and Meat Sauce With Caesar Salad & Roll \$5.50	Goulash Served with Caesar Salad and a Garlic Bread stick \$5.50	Pulled Pork on a Kaiser With Side Garden salad \$5.50	Sweet and Sour Meatballs served with Rice and Stir Fried Vegetables \$5.50
	½ Chicken Ranch Wrap Served with Caesar Salad \$4.50	½ Taco Flat Bread Served with Home Made Soup of the Day \$4.50	Chicken Salad Sandwich Served with Pasta Salad \$4.50	Grilled Cheese Hoagie Flat Bread Served with Home Made Soup of the Day \$4.50	½ BLT Wrap Served with Side Pasta Deluxe Salad \$4.50
	Hamburger with Lettuce and Tomato, Carrots and dip Milk or 114ml Juice \$5.00	½ Garlic Fingers With Caesar Salad Milk or 114ml Juice \$5.00	French Toast Fresh Fruit Salad Milk or 114ml Juice \$5.00	Chicken Nuggets Potato Wedges Milk or 114ml Juice \$5.00	Small Slice Pizza Caesar Salad Low fat Cookie Milk or 114ml Juice \$5.00

DAILY: Home Made Soups with Roll or Crackers \$3.50

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WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
January 2-5 January 15 – 19 January 29 – Feb. 2 February 12 – 16 Feb 26 – March 2 March 12 – 16 April 2 – 6 April 16-20 April 30 – May 4 May 14 – 18 May 28 – June 1 June 11- 15	Macaroni and Cheese With Caesar salad & Roll \$5.50	2 Soft Beef Tacos Mexican Rice and Corn \$5.50	Lasagna Served with Caesar Salad and a Garlic Bread Stick \$5.50	Chicken Fajita Served with Mexican rice \$5.50	Chicken Teriyaki served with Rice and Stir Fried Vegetables \$5.50
	Caesar Salad Wrap Served with Pasta Salad \$4.50	½ Buffalo chicken Flat Bread Served with Home Made Soup of the Day \$4.50	½ Stacked Honey Ham Sandwich on Flat Bread Served with side Garden Salad \$4.50	Grilled Cheese Hoagie Flat Bread Served with Home Made Soup of the Day \$4.50	Chicken Snack Wrap Served with Side Pasta Deluxe Salad \$4.50
	Hamburger with Lettuce and Tomato, Carrots and Dip Milk or 114ml Juice \$5.00	1 Soft Beef Taco with Rice and Corn Milk or 114ml Juice \$5.00	3 Pancakes served with mixed Berries and Maple Syrup Milk or 114ml Juice \$5.00	Chicken Nuggets Potato Wedges Milk or 114ml Juice \$5.00	Small Slice Pizza Caesar Salad Low fat Cookie Milk or 114ml Juice \$5.00
WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
January 8 – 12 January 22 – 26 February 5– 9 February 19 – 23 March 5- 9 March 26 – 30 April 9-13 April 23-27 May 7-11 May 21-25 June 4-8 June 18-22	Chicken Tatter Bowl. (Mashed potato, Chicken and Corn with Gravy in a Bowl) \$5.50	Spaghetti and Meat Sauce With Caesar Salad & Roll \$5.50	Goulash Served with Caesar Salad and a Garlic Bread stick \$5.50	Pulled Pork on a Kaiser With Side Garden salad \$5.50	Sweet and Sour Meatballs served with Rice and Stir Fried Vegetables \$5.50
	½ Chicken Ranch Wrap Served with Caesar Salad \$4.50	½ Taco Flat Bread Served with Home Made Soup of the Day \$4.50	Chicken Salad Sandwich Served with Pasta Salad \$4.50	Grilled Cheese Hoagie Flat Bread Served with Home Made Soup of the Day \$4.50	½ BLT Wrap Served with Side Pasta Deluxe Salad \$4.50
	Hamburger with Lettuce and Tomato, Carrots and dip Milk or 114ml Juice \$5.00	Chicken Quesadilla with Rice Milk or 114ml Juice \$5.00	French Toast Fresh Fruit Salad Milk or 114ml Juice \$5.00	Chicken Nuggets Potato Wedges Milk or 114ml Juice \$5.00	Small Slice Pizza Caesar Salad Low fat Cookie Milk or 114ml Juice \$5.00

DAILY: Home Made Soups with Roll or Crackers \$3.50

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