



Chedabucto Education Centre/ Guysborough Academy



Newsletter

May, 2017

Principal
Vice Principal
Guidance
Secretarial Support
Building Operator

Barbara Avery
Mike MacIsaac
Cindy Worth
Faye Shea
Hubert Pettipas

Chedabucto Ed. Ctr. & Guysborough Academy
27 Green Street
Guysborough, NS
B0H 1N0

Phone: (902) 533-2288/ (902) 533-4006

Fax: (902) 533-3554

MESSAGE FROM OFFICE

It is hard to believe that the month of May is upon us so quickly, which means that many school based activities will be winding down before we get into June exams. This time of year is filled with many celebrations that recognize the great work being done in our school community. Our 5th Annual Open House was a huge success, thanks in part to the great turn out from the community. It was very rewarding to see so many people come and celebrate the many wonderful things going on in our school. Special thanks to the community sponsors for their donations to our prize give away, your continued support is appreciated!

Our school recently announced this year's Lieutenant Governor Medal winners, grade 11 students Maria MacDonald and Lexie MacDonald. Congratulations to both students, and to all students who put their names forward for this prestigious award. You are all encouraged to continue with your volunteer and academic efforts!

Our school softball and track and field teams and Special Olympics team are in training for their coming events. This year's Special Olympics are to be held on May 26th at ST. FX, and our school will send a team of athletes, along with a bus load of students to support our team! Thanks to our coaches

for again volunteering their time to lead our student athletes in these activities. In recognition of the many good things going on in our school sports program, we annually send representatives to the NSSAF Celebration of School Sport Banquet in Halifax on May 5th. This year's representatives are Leanne Connolly and Spencer MacKeen, along with NSISP student Urara Nagafuji and teacher coach Angela MacKeen and administration representative Mike MacIsaac! Congratulations!!

Our Green Team was planning for Earth Day on April 22nd. They had students get a picture with their class tree that was planted on Earth Day last year. Soon, the team will be organizing our annual planting at the school garden to begin another growing season!!

Our Jack.Org Committee will be busy with a full slate of events during Mental Health week, May 1st – 7th. Each day will feature activities that support mental health and creating awareness around the stigma of mental health. We are very fortunate to have such a passionate and aware group of students that have taken on the task of making mental health awareness a daily theme, but in particular this week we will be working hard to involve as many students as possible in the many great activities planned by the student committees. Some highlights include our Blue Lace Launch which is a national fundraiser for Jack chapters and it all started here at CECGA, a Jack Talk with a speaker from the Jack Chapter, and our annual a memorial volleyball tournament in memory of a former teacher, Ms. Kayla Cotton. Although Ms. Cotton was only here for a year, the impression she left on our students and staff will last a lifetime.

As we begin the month of May, it is done so knowing that the end is approaching very quickly. Students need to be aware that time is getting short as we prepare for final exams in grades 9 – 12. Please be sure to complete all assignments and tasks as

everything counts towards that final mark! As the weather improves, it becomes harder to concentrate, so extra effort is needed at this time to ensure that the academics are taken care of!!

So as you can see, the month of May is a busy one! This time of year is also dedicated to staffing for next year, planning course selections for students and wrapping up special recognition events from the current year. Thank you to everyone for their continued support of our school. We are only able to do the many things that we do with the support of the greater school community. With prom and graduation just around the corner, June will also be a busy time of year!

Barbara Avery
Principal CECGA



KELSO ASSEMBLY

Kelso Assembly will take place on
May 5th for this month at 9:00 am.



CECGA NOW ON TWITTER

To increase awareness on a variety of school-based, CECGA has launched a Twitter page. Our goal is to 'tweet' information including notable events, messages to parents/guardians, good news stories, class cancellations, name a few. Please visit our profile and follow us at: <http://twitter.com/@ChedECGA>.



TRANSPORTING STUDENTS TO EXTRACURRICULAR ACTIVITIES

As of June 4th, 2014, the SRSB has a new transportation policy in terms of student travel (IV-B-6) to extracurricular activities. In order to transport students (other than their own children) parent/guardians/volunteers will have to do the following:

1. Completed a Criminal Record Check and a Child Abuse Registry Check. (These are good for three years)
2. Complete a revised J form, which will require the school have a copy of
 - Driver's license
 - Vehicle registration

- Proof of insurance
 - Teacher/Chaperone consent form
3. Confidentially Form
 4. Volunteer Form

Please feel free to contact the school should you have any questions or need assistance completing the required paperwork.

CANCELLATIONS MADE AFTER STUDENTS COME TO SCHOOL

From time to time, school is cancelled due to inclement weather, power outages, etc. As well, after school programs may be cancelled such as PACY, yoga, basketball, and so forth.. We ask that all parents/guardians have alternate procedures in place for their child(ren) in the event that there is an early dismissal or cancellation. Please discuss with your child the family plan should school be dismissed early or a program/event is cancelled with no one at home. Children should know alternate locations to go to and/or where the spare key is hidden, contact phone numbers, etc. Ensuring that your son/daughter is well prepared for unexpected situations will help to ensure their safety in the event of an early dismissal.

We will do our very best at this end to make sure things run smoothly, so please make sure you take the time to make these alternate arrangements. The office is very busy at these times; therefore we request that arrangements **other than phone calls** be made for students to get home in a safe and orderly manner.

PERMISSION NOTES

Written permission must be given to a student when he/she plans to stay after school hours, leave the school, get dropped off at another stop other than his/her regular stop or change buses. If there is no contact from a parent/guardian, the student will be sent home on his/her regular bus. Permission notes are also necessary to be exempt from participating in Phys. Ed. classes or other school activities. Parents are reminded that bus passes will only be issued **upon written request** signed by parent or guardian. These requests are to be brought to the office and given to the secretary no



later than recess. Students phoning home during the day asking parents/guardians to request a bus pass **IS NOT ACCEPTABLE**. Phone requests from parents/guardians will only be accepted in **EMERGENCY SITUATIONS**.

SCHOOLSPLUS



SchoolsPlus seeks to improve the collaboration and coordination of services and programs for children, youth and families. The main goal is to bridge the gap between various community organizations and the schools by connecting students and families in attaining timely and effective services to meet their identified needs. SchoolsPlus supports a number of programs within the schools and community. Referrals come from the School Program Planning Teams, Administration, Families and Students as well as outside agencies. SRSB currently has four SchoolsPlus Models. They are located in Guysborough, Antigonish, Richmond and recently Inverness Counties.

You can contact the SchoolsPlus Facilitator, Liz MacIntosh by calling 533-4046 or Community Outreach Worker, Krista MacEachern at 533-3609.

Grade 12 Community Kitchen

SchoolsPlus, Youth Health Centre, and the Public Health Nutritionist will be hosting a Community Kitchen with Grade 12 students on June 2, 2017 as part of safe grad at CECGA. This is an opportunity to create a meal while learning some skills relating to nutrition and cooking. We are looking forward to seeing everyone there!!



X-Chem Science Camp

SchoolsPlus is partnering with St.FX to host the X-Chem Science Camps this summer. Both camps take place at Chedabucto Education Centre/Guysborough Academy. Registration forms will go out to classes in mid-May. If you have any questions, you can contact Krista with SchoolsPlus at (902) 533-3609 or Krista.MacEachern@srsb.ca. More information can also be found at: <http://sites.stfx.ca/chemistry/camps>

Students going into grade 1-4:

When: July 10-12, 2017 from 9:00am-3:00pm
Cost: \$60 for the first child, \$50 for the second, \$40 for the third child in the same family. There is an extra cost for a t-shirt of \$15 per shirt. *Bursaries are available by contacting Krista, SchoolsPlus (see below).*

Students going into grade 5-8:

When: July 13-14, 2017 from 9:00-3:00 pm
Cost: \$40 for the first child, \$30 for the second, \$20 for the third child in the same family. There is an extra cost for a t-shirt of \$15 per shirt. *Bursaries are available by contacting Krista, SchoolsPlus (see below).*

Homework Club

Homework Club takes place on Wednesdays in SchoolsPlus from 2:30-3:30 this is for grade 3 and up. Please note that Homework Club is cancelled on May 3rd and May 24th due to other commitments. The final day for homework club is Wed May 31st.

STUDENT SAFETY

With the ongoing concern for the safety of children, **all visitors to the school must report to the administrative office upon entering the school.**

NUT AWARE SCHOOL

There are currently students attending **Chedabucto Education Centre** with severe allergies that can cause an *anaphylactic reaction*. An anaphylactic reaction can be triggered by **ingestion, inhaling or touching** any of the identified allergens (**peanuts, tree nuts and nut products**). If an individual is exposed to an allergen, their body triggers an immediate immune response and sends out extra antibodies to fight the allergen. They can experience very strong reactions including hives, swelling of the eyes, ears, lips, and tongue. This requires immediate emergency care!



MEDICAL CONCERNS AND ALLERGIES



Parents/Guardians are asked to contact the school if their child has a medical condition or allergy which we should be made aware of (if you have not already done so). This will allow us to take some proactive measures to ensure the safety of your child. **Please note that no prescription or non-prescription medicine (ie: Tylenol, cough medicine) will be distributed to a student without a completed school medical form.** Please refer to SRSB policy to view the Board's new policy "Administration of Medications and Medical Procedure: IVB-2.

For more information go to our school webpage under Parent/Guardian tab.

WE WILL CHANGE CORNER

Here is an update of the projects the group is currently working on:

- **Pop Tab Campaign:** Pop tabs are still being collected in the P-6 classes and outside of SchoolsPlus. In June the classes will have their next weigh-in for their chance to win a great prize! All money raised from recycling the tabs goes toward future projects of the *We Will Change* group. Money from the December weigh-in is going towards purchasing items for the Easter Care Packages.
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- **Silent Auction:** Members of the *We Will Change* group have created paintings to be auctioned off at some point in the next two months. All money raised will go to help others. Stay tuned for more information. In the meantime, take a look at the beautiful creations on display in the SchoolsPlus conference room.

Phone Krista at (902) 533-3609/(902) 631-4699 or email at Krista.MacEachern@srsb.ca for more information.

SchoolsPlus

Homework Club takes place in SchoolsPlus every Wednesday from 2:30-3:30.

Phone Krista at (902) 533-3609/(902) 631-4699 or email at Krista.MacEachern@srsb.ca for more information.

JACK.ORG

#JackBlueLaces

About the Campaign

The #JackBlueLaces campaign is the product of our amazing Jack Chapter network in Nova Scotia. The campaign started as an initiative at Guysborough Academy, where students distributed blue shoelaces as a simple way to spark conversations and show support for youth mental health. The shoelaces were such a success that now high schools across the country will be lacing up in blue this May!

How does it work?

Jack Chapter students are asked to plan mental health awareness initiatives throughout Mental Health Week (May 1 -7th) and incorporate selling the laces into their events in fun and creative ways. Students will be encouraged to wear their laces as a sign of their commitment to ending the silence that surrounds mental health and to use the laces as a way to start mental health conversations with their family and friends.

How much are the laces sold for?

Laces are sold for a suggested donation of \$2 or \$3 per pair. Laces can also be bought in larger quantities by schools or community partners directly, to distribute the laces at no cost to students.

Where does the money go?

All money raised will go directly to Jack.org's Student Opportunities Fund, which provides the financial support Jack Chapters need to host mental health awareness activities across the country, all year round.

Questions? Contact Aniska Ali, Community Fundraising Manager: aniska@jack.org

BRING THE WORLD INTO YOUR HOME BY HOSTING AN INTERNATIONAL STUDENT



The Strait Regional School Board's International Student Program invites you and your family to join other families in the Strait Region who enjoy the enriching and rewarding experience of becoming a host family.


Imagine sharing the beauty, history and culture of the Strait Region and Canada with a young student from Colombia, Germany, or Korea, and developing lifelong friendships between your two families.

See Nova Scotia through the youthful eyes of an inquisitive teen, and rediscover the simple things that we often take for granted such as sporting events, outdoor activities and cultural experiences. Explore your differences, discover surprising similarities, and teach your new son or daughter about Canadian values and beliefs.

The students become part of your family and participate in all the activities that you do as a family. They attend school daily and on some occasions are taken on weekday outings. They have health insurance and their own spending money. Host families receive a stipend to cover the additional costs that occur when inviting another student into one's home. As a host family, you provide a room, three meals a day and the experience of a lifetime.

To learn more about the Nova Scotia International Student Program (NSISP) and this wonderful opportunity to become a host family, please visit www.nsisp.ca and contact:



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Day B Mental Health Week	2 Day C Mental Health Week Swim to Survive 	3 Day D Mental Health Week	4 Day E Mental Health Week	5 Day F NSSAF Celebration in Halifax Mental Health Week Kelso Assembly 9:00 a.m. 	6 May 5 th Deadline for Applications for Student Council
7	8 Day G	9 Day H Swim to Survive 	10 Day A  Student Council Elections	11 Day B	12 Day C	13
14	15 Day D	16 Day E Swim to Survive 	17 Day F	18 Day G	19 Day H	20
21	22 VICTORIA DAY	23 Day A	24 Day B	25 Day C	26 Day D Special Olympics 	27
28	29 Day E	30 Day F	31 Day G Special Olympics (Raindate) 			