



# *Chedabucto Education Centre/ Guysborough Academy*

*Newsletter*

*September 2018*

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**Barbara Avery**

**Vice Principal**

**Tera Dorrington**

**Guidance**

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## **PRINCIPAL'S MESSAGE**

I am pleased to welcome students, parents, staff and school community members back to a new year at Chedabucto Education Centre/Guysborough Academy! I hope you all had an enjoyable break with family and friends this summer. I am very excited to start this school year and look forward to working with Chedabucto Education Centre/Guysborough Academy School Community. Please feel free to contact us at any time if you have any questions or concerns.

Again, we had a significant number of teacher movements since last school year. I would like to extend a special welcome to the incoming members of the Chedabucto Education Centre/Guysborough Academy; Rachel Kuramoto will be our new Core French 4-9/ELA 7/HL 8 teacher, Lorraine Boucher grade 2, Justine Moeller grade 3/4 and Mandi MacLennan grade 4 and Katelyn Pashby who will be teaching Math 8, 9, 10 & 12 courses. We are also pleased to have Emily Chisholm grade 5 & 6 ELA (gr 6 homeroom) as well as Mike Ives grade 5 & 6 Math (grade 5 homeroom) with us until mid June as they fill in for Jodi Chisholm and Trina Ives respectively.

Also joining our school community is Faye Fraser our Schools Plus Community Outreach Worker, Meagan Mulcahy our School's Plus Mental Health Clinician serving all Guysborough County Schools as well as East Antigonish as well as Andrea MacKinnon Guysborough county school's Child and Youth Care Practitioner.

Chedabucto Education Centre/Guysborough Academy would also like to extend a special welcome to three international students who started with us in September; returning again this year is Pear from Thailand, Urara from Japan, Riko from Japan, and Linh from Vietnam and new to our building Martin Chile. We are excited that you have chosen to spend time at CEC/GA and look forward to getting to know you.

Our school is very much a community-based school, with many partners involved in a wide variety of programs for the school and community. Our school is very fortunate to have a wide variety of supports for our students, such as our Youth Health Centre and the SchoolsPlus Program. From a school perspective, we welcome volunteers as we strive to offer as many opportunities for our students as possible. Last year we enhanced the menu items for our Breakfast program as well as expanded to 4 days and week and this year looking to provide 5 days a week. Volunteers can choose their own schedule (even if only volunteering 1 day per month). Breakfast Program Volunteers for Breakfast Program do require our in house Volunteer Application Form & Guidelines for Volunteers (forms are available at the main Office and can be filled out upon your arrival). Volunteers do not need to arrive until 8:00am for set up and leave at 8:40am after clean up. Those who are interested can contact the office (902-533-2288) and let us know what day(s) you are available. Please pass this note along to any community members you think would like to

help us out as well. Other volunteer opportunities include fluoride rinse, walk-a-thon, chaperoning school events, School Advisory Council, and many other activities are available in our school, all of which can only be as successful as the volunteers who offer their time...thank you to those who have helped in the past and continue to do so, along with any new volunteers! Please contact the school (902-533-2288) if you wish to know how to become involved.

In accordance with Recommendation #29 of the Report of the Council to Improve Classroom Conditions (April 28, 2017), schools will determine when the in-progress mark is displayed through the Student Parent Portal, at least once a month. For grade 7-12 students at CECGA this will be the first of every month. The Student-Parent Portal is a web-based, home-to-school collaboration system linking parents, students and schools with real-time information via the internet. Parents of students have the ability to view their child(ren)'s in-progress mark, possible teacher comments and/or homework assignments, and attendance of their child. In accordance with Recommendation #32 of the Report of the Council to Improve Classroom Conditions (April 28, 2017), high school student attendance will be updated in PowerSchool by the end of the school day. A Safe Arrival process will also be implemented this year at our school for our elementary students (P-6) to help us account for any student's unexplained failure to arrive at school. If a student is marked absent during first class and we have not been previously notified by parents/guardians, we will call home to inquire as to the reason for the absence. In accordance with Recommendation #31 of the Report of the Council to Improve Classroom Conditions (April 28, 2017), in an effort to minimize disruptions to student learning and the teaching day, teachers have up to two business days to respond to emails.

Also, just a reminder regarding the Provincial Student Attendance and Engagement Policy for P-12 that came into effect on October 1, 2017. A staged approach to responding to student absenteeism and chronic lateness will be followed. Responses to student absenteeism and chronic lateness will vary based on the age, grade, and development of the student, the professional

judgment of teachers and principals, and the individual circumstances of the student. Responses may include connecting the student and/or their family with school-based or board-based supports and/or with outside agencies, if needed. For additional information, you are encouraged to read the Policy and Student Attendance and Engagement Operational Guide available at <https://www.ednet.ns.ca/student-attendance-and-engagement-policy>.

We would like to remind everyone that the school policies, academic calendar and school schedules are found in the student agendas, as well on the school website under the heading **2018-2019 Student Agenda**. It is important to review these policies so that you are well informed of the policies of the school. The student agenda is an excellent tool for students to organize their school activities and is an excellent communication tool for teachers, parents, and students. Positive and open communication between all parties involved in our school community is key to our continued success as a school. There have been many new policies introduced over the last couple of years such as Volunteers in the School, Provincial Homework Policy and Provincial Code of Conduct to name but a few. All these can be found on the new SRSB website at [www.srce.ca](http://www.srce.ca).

*As a green school, this year we are going to try and reduce our ecological footprint even more. One initiative we are continuing with this year is to reduce the number of paper copies of the newsletter. With PowerSchool we are able to compile a list of emails and forward the newsletter electronically. Those that wish to receive a paper copy please contact the school at 902-533-2288 and we will put your name on a list to have it sent home with your child.*

Barbara Avery  
Principal



#### Safe Arrival Process for Elementary Schools

Chedabucto Education Centre/Academy and the Strait Regional Centre for Education believe that regular attendance at school supports greater student success and achievement. Attendance supports student learning and

promotes a sense of responsibility that students will need as they transition from grade to grade.

Promoting and supporting regular student attendance is a shared responsibility. All partners, students, parents/guardians, teachers, school administration and SRCE staff, must work together.

As a result, the following safe arrival process will be implemented at our school to help us account for any student's unexplained failure to arrive at school:

- Parents/guardians are responsible for notifying the school when their child(ren) will not be in attendance.
- If your child(ren) is going to be late or absent from school, the parent/guardian is asked to contact the school by telephone at 902-533-2288 before 9:30 a.m. An explanation is required.
- On a daily basis, homeroom teachers will complete morning attendance. A list of those students who are absent will be generated.
- If a student is marked absent during first class and we have not been previously notified by parents/guardians, we will call the numbers provided in the student demographic information.
- When direct follow-up contact with parents/guardians cannot be reasonably made, we will then determine appropriate action. This may involve contact with the RCMP.

## TRANSPORTING STUDENTS TO EXTRACURRICULAR ACTIVITIES

As of June 4<sup>th</sup>, 2014, the SRCE has a new transportation policy in terms of student travel (IV-B-6) to extracurricular activities. In order to transport students (other than their own children) parent/guardians/volunteers will have to do the following:

1. Completed a Vulnerable Sector Check and a Child Abuse Registry Check. (These are good for three years)
2. Complete a revised J-form, which will require the school have a copy of
  - Driver's license
  - Vehicle registration
  - Proof of insurance
  - Teacher/Chaperone consent form
3. Confidentially Form
4. Volunteer Form

Please feel free to contact the school should you have any questions or need assistance completing the required paperwork.

## Communication to Parents/Guardians and Students from Teachers

In accordance with Recommendation #31 of the Report of the Council to Improve Classroom Conditions (April 28, 2017), in an effort to minimize disruptions to student learning and the teaching day, teachers have up to two business days to respond to emails.

## SRCE Student Privacy

The Strait Regional Centre for Education believes strongly in the need to protect the privacy of all students and recognizes the issues around the publishing of student images and personal student identifying information, especially on the public Internet and social media sites. However, the Regional Centre also believes that the showcasing of students, their work, activities and achievements, is an important part of school life and can be a very positive experience for students. Therefore, it is the practice of the Strait Regional Centre for Education and all schools to have written informed consent from parents/guardians before any student identifying information, including name, grade, school, video/voice/audio recording, images (photos) of students and/or student work, is used in

**\*\*NEW\*\***

## BUS PASSES REQUIRING CIVIC ADDRESSES

We have received correspondence from the SRCE Operations Department regarding the importance of care and control around the issuing and driver acceptance of bus passes. **We have been asked to ensure that each and every bus pass includes a civic address for the requested stop** and that bus passes are not given for new stops. Drivers are not authorized to stop anywhere but an existing stop except under emergency situations. Bus drivers are being reminded not to accept a bus pass which does not comply. Also, please include the date and name of the bus driver on the bus pass note. Please contact the school at 902-533-2288 if you have any questions about bus pass procedures.

print, online and in social media (Facebook, Twitter, etc.), and prior to any student media interviews.

In addition, as part of our efforts to celebrate the achievements of our students and to promote the school's various educational, sports and cultural events, media partners are invited to the school from time to time throughout the year to cover these activities so that our good news and success stories can be shared with our school communities. As such, there is a strong possibility that your child(ren) may be identified either by name, grade, school, video/voice/audio recording, images (photos) and/or student work, in print, online and in social media (Facebook, Twitter, etc.).

There are other times when one of our media partners may contact the school to profile a specific student, program or event that may involve a student(s) being interviewed, photographed, video recorded and/or audio recorded.

Students participating in extra-curricular activities or events where the public is invited (e.g., field trips, school concerts, sporting/team events, school fairs, etc.) may be photographed and/or reported on by the media or the general public. If photography or video recording occurs at these types of events, it is not possible for the school or Regional Centre to control the use of such recordings and therefore privacy cannot be expected at these events. It is important that when taking pictures or recordings, individuals are respectful of the privacy rights of anyone captured in their recording and that they not share them in any way without the consent of the individual or parent/guardian.

**Please complete the *Consent for Publication of Student Personal Information and Student Work* to indicate if you do or do not consent to your child being identified in the manner described above.**

All media requests, and associated contact with students, are carefully considered before being approved. We do our best to ensure that the personal privacy of students is protected and respected.

If you have any questions related to the above information, please do not hesitate to contact me.

## FLUORIDE RINSE PROGRAM



The **Fluoride Mouthrinse Program** will be offered to students in your school. As in past years, the success of this valuable dental preventative program will depend on support from dedicated volunteers. The program is carried out once a week, at the beginning of the school day. The entire process takes about one hour and volunteers are trained by the Public Health Dental Hygienist.

If you as a parent, guardian, aunt, uncle, grandparent or community member have time to donate please call me for more information about the program.

Sharon Hearn 902-625-4375

## KELSO ASSEMBLY

Kelso Assembly will take place on Oct. 5th for this month at 9:00 am.



## PARENTS/GUARDIANS TAKE NOTICE

We are asking parents and students to take extra caution when packing lunches for your son/daughters. Due to the many allergies that some students have we would like to remind people that Nutella is also considered a nut based product.

## NUT AWARE SCHOOL

There are currently students attending **Chedabucto Education Centre** with severe allergies that can cause an *anaphylactic reaction*. An anaphylactic reaction can be triggered by **ingestion, inhaling or touching** any of the identified allergens (**peanuts, tree nuts and nut products**). If an individual is exposed to an allergen, their body triggers an immediate immune response and sends out extra antibodies to fight the allergen. They can experience very strong reactions including hives, swelling of the eyes, ears, lips, and tongue. This requires immediate emergency care!



## PERMISSION NOTES



Written permission must be given to a student when he/she plans to stay after school hours, leave the school, get dropped off at another stop other than his/her regular stop or change buses. **If there is no contact from a parent/guardian, the student will be sent home on his/her regular bus.** Permission notes are also necessary to be exempt from participating in Phys. Ed. classes or other school activities. Parents are reminded that bus passes will only be issued **upon written request** signed by parent or guardian. These requests are to be brought to the office and given to the secretary **no later than recess.** Students phoning home during the day asking parents/guardians to request a bus pass **IS NOT ACCEPTABLE.** Phone requests from parents/guardians will only be accepted in **EMERGENCY SITUATIONS.**

## SCHOOLS PLUS



SchoolsPlus seeks to improve the collaboration and coordination of services and programs for children, youth and families. The main goal is to bridge the gap between various community organizations and the schools by connecting students and families in attaining timely and effective services to meet their identified needs. SchoolsPlus supports a number of programs within the schools and community. Referrals come from the School Program Planning Teams, Administration, Families and Students as well as outside agencies. SRCE currently has four SchoolsPlus Models. They are located in Guysborough, Antigonish, Richmond and recently Inverness Counties.

SchoolsPlus welcomes Faye Fraser in the position of Community Outreach Worker.

You can contact the SchoolsPlus Facilitator, Liz MacIntosh by calling 533-4046.

We are also on Facebook at SchoolsPlus Guysborough County.



The Youth Health Centre is a safe space for students in grades 7 to 12 interested in promoting well being within the school and local community. Students are invited to participate in committee work, youth lead initiatives and workshops. The YHC also provides

support to students dealing with a variety of health issues that impact daily life (e.g. sexual health, mental health, injury prevention, healthy eating and addictions).

Contact-Joni Mattie, Public Health Nurse/ Youth Health Centre Coordinator

Phone: 902-533-2250

Email: [Joni.Mattie@nshealth.ca](mailto:Joni.Mattie@nshealth.ca)

The YHC is open **Monday, Tuesday, Thursday and Friday** from **9:15-3:15.**

## SCHOOL INSURANCE PROGRAM

Every eligible child attending public school in Nova Scotia is automatically insured by the School Insurance Program's Basic Plan student accident coverage. This coverage is provided without deductible and at no cost. Basic Plan coverage can cover things such as physiotherapy, dental and medical equipment expenses, up to policy limits. However, if parents/guardians wish to purchase additional coverage, the Gold Plan increases the time that your child is covered to 24/7 including summer vacations. Many of the specific loss accident payments are triple those of the Basic Plan.

Please visit [www.sip.ca](http://www.sip.ca) for policy & limit information and for more information on how to purchase the optional Gold Plan.

## Paqtnekek Mawi'omi Pow Wow



The annual Pow Wow will be taking place from Sept. 21-23 at Paqtnekek.

For more info. Please contact Rose Paul @ 902-386-2263 or [r.paul@paqtnekek.ca](mailto:r.paul@paqtnekek.ca)

# PATHWAYS YOGA

## **Adult Moderate**

*Mondays, beginning September 10<sup>th</sup>, 2018*

7:00pm-8:30pm CLC

Level 3 Kripalu Style Yoga for those with some experience.

It is a moderate flow focusing on meditation in motion.

8 week program

\$65.00

## **After Work Flow Yoga**

*Tuesdays, beginning September 11<sup>th</sup>, 2018*

4:30pm-5:45pm. CLC Multipurpose Room.

All Levels

Gentle posture flow where the focus is integrating the practice of yoga on the mat with life off the mat

8 week program

\$65.00

## **All Levels Yoga**

*Tuesdays, beginning September 11<sup>th</sup>, 2018*

7:00pm-8:30pm. CLC Community Room.

All level class where the focus is on moving from the pace of our workday to evening stillness: movement and breath work that allows for mind, body & spirit awareness.

8 week program

\$65.00

## **Yoga for Challenged Bodies**

*Wednesdays, beginning September 12<sup>th</sup>, 2018*

9:30am-10:30am. CLC Community Room.

This class allows for individual adaptations for every pose, based on the body's ability and needs.

6 week program

\$50.00

## **Yoga for Children (Grades P - 5)**

*Thursdays, beginning September 13<sup>th</sup>, 2018*

2:30pm-4:00pm. CLC Community Room.

These classes offer our children a chance to slow down and be more aware of the space that they are in.

6 week program

\$30.00

Yoga classes will be held at the *Chedabucto Lifestyle Complex*. We are asking for a pre-registration notice in order to plan the venue space; so if you plan to attend give the CLC a call and add your name to the list.

**Payment will take place on the first day of each program.**

# SEPTEMBER

| Sunday | Monday                    | Tuesday         | Wednesday                                   | Thursday  | Friday   | Saturday  |
|--------|---------------------------|-----------------|---|---|--|---|
|        |                           |                 |   |   |  | 1   |
| 2      | <b>3</b><br>LABOUR<br>DAY | <b>4</b>        | <b>5</b>                                    | <b>6</b> Day A<br>First Day of<br>classes for<br>Students | <b>7</b> Day B   | 8   |
| 9      | <b>10</b> Day C           | <b>11</b> Day D | <b>12</b> Day E                             | <b>13</b> Day F   | <b>14</b> Day G  | 15  |
| 16     | <b>17</b> Day H           | <b>18</b> Day A | <b>19</b> Day B<br>PICTURE<br>DAY<br>PP - 5 | <b>20</b> Day C<br>PICTURE<br>DAY<br>Gr. 6 - 12           | <b>21</b> Day D  | 22  |
| 23     | <b>24</b> Day E           | <b>25</b> Day F | <b>26</b> Day G                             | <b>27</b> Day H   | <b>28</b><br><b>Inservice</b><br><b>NO</b><br><b>CLASSES</b> | 29<br>Kelso is<br>Oct. 5 <sup>th</sup> @<br>9:00 am |
| 30     |                           |                 |   |   |  |   |